

## **A STUDY OF ACADEMIC ACHIEVEMENT OF ADOLESCENTS IN RELATION TO THEIR EMOTIONAL MATURITY**

**JANAK SINGH**

Assistant Professor, College of Education, Bilaspur, Greater Noida

### **ABSTRACT**

Achievement is the performance of the pupil's accomplishment in a subject. An achievement is a task-oriented behavior. It is the degree of success in any task. Academic Achievement may be for a particular subject or a total score of several subjects combined. Hence, Academic Achievement of is concerned with the quantity and quality of learning attained in a subject of study or group of subjects after a period of instructions. The success or failure of a student is measured in terms of academic achievement. It helps the teacher to know whether teaching methods are effective or not and helps them in bringing improvement accordingly. It is the common observation that success in the academics serves as an emotional tonic for a child in school. Emotions are those forces which enable an individual to cope up with circumstances for survival. Emotions have strong links with needs and interests. A healthy emotional development inculcates emotional maturity among students, which is the product of interaction between many factors like the home environment, school environment, society and culture. Emotionally matured students are better adjusted. As emotional pressure is increasing day by day among students so, there was a need to study academic achievement of adolescents in relation to their emotional maturity. A sample of 240 adolescents studying in secondary schools in Faridabad was selected to know their academic achievement in relation to their emotional maturity. Emotional Maturity Scale (EMS) developed by Dr. Yashveer Singh and Dr. Mahesh Bhargav was used for the collection of data. The findings of the study show that the academic achievement of adolescents is affected by their emotional maturity. The study provides the evidence to show that there is positive relationship between academic achievement of adolescents and their emotional maturity. It is very important that teachers should express their love and concern towards students by involving, spending more time and interacting with them, so that students feel free to exchange their ideas, views and feelings with them.

**KEYWORDS:** Emotional Maturity & Academic Achievement